

NewsWorks

TherapyWorks Quarterly Newsletter



Working Wonders in Children's Lives

Fall 2009

TherapyWorks Now Offering Nutrition Services

TherapyWorks now offers medical nutrition therapy provided by an experienced pediatric registered dietitian at its outpatient pediatric clinic. Nutrition therapy can help children with poor weight gain, picky eating, food aversions, weaning from tube feedings, obesity, diabetes, food allergies, failure to thrive, autism spectrum diets and many other conditions.

Nutrition services are provided by Amy Puls, RD, LD, a registered dietitian with 10 years pediatric experience. Puls has worked at some of the nation's top children's hospitals including the St. Louis Children's Hospital and The Children's Hospital in Denver, Colo.

"I use a very modern method of nutrition therapy for children that is simple, intuitive and doesn't require counting of servings or portions. My method teaches kids why choosing certain foods or combinations of foods will make them more hungry, more full or satisfied throughout the day. This helps children listen and respond better to their own hunger cues and not feel like they are on a 'special diet.' When kids are better nourished and not focused on food, they can focus better on developing their strengths, developmentally, academically and socially," Puls said.



Therapy Play Groups Now Available Year-Round

Therapy groups are available for children with social and language challenges. This group will focus on promoting peer interactions in a semi-structured environment. Group activities will include circle time, free play, free art exploration and snack time. Therapy groups can help children with:

- Social Skills & Interaction
- Play Skills
- Teamwork
- Problem Solving
- Language Development
- Memory & Sequencing

Groups will be led by an occupational therapist and a speech-language pathologist.

Butterflies Play Group

Ages: 2-4 years old

Day/Time: Wed., 9:00 - 10:30 a.m.

Cost: \$300/6-week session

Sign up today for one of our upcoming sessions!

January 11 - February 24

March 24 - April 28

June 2 - July 7

July 14 - August 18

Working Wonders

"Brenna's speech and language has blossomed from the time she first began at TherapyWorks. She now opens and closes circles of conversation, has less random babble, makes better eye contact and has improved focus. Her ability to interact and play has matured. She also continues to progress with her fine motor skills.

I believe the very special one-on-one sessions she has received here has been instrumental in the progress she has made. I can't say enough to express my gratitude for the tender care Brenna has received from her therapists. I feel they really have a mission to help Brenna succeed."

- Michele, Brenna's mother



THERAPYWORKS

working wonders in children's lives

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TW STAFF

Occupational Therapy

Suzette Jones, OTR/L
Rachel Ottley, OTR/L
Ashley McDougall, OTR/L
Kayla Schlicker, OTR/L
Amanda Thompson, OTR/L
Jill Spurrell, OTR/L
Melissa Kincer, COTA
Oleeta Boswell, COTA
Candice Carney, COTA
Lindsay Reed, COTA

Physical Therapy

Liesa Persaud, MPT, PCS
Glynn Ruggiano, MPT
Laci DiLibero, PTA
Amanda Newton, PTA
Sharla Downey, PTA

Speech Therapy

Kathy Soland, CCC-SLP
Amber Schaecher, CCC-SLP
Alicia Christopher, CCC-SLP
Liz Baldwin, CCC-SLP
Mona Horn, CCC-SLP
Laura Diamond, CCC-SLP
Breanna Helm, CCC-SLP
Robyn Vanderveen, CCC-SLP
Andi Denney, CCC-SLP
Janell Carter, CCC-SLP
Amy Pelley, CCC-SLP
Julie Henry, CCC-SLP

Nutrition

Amy Puls, R.D., L.D.

Employee Emphasis

Amy Puls, R.D. L.D.

"My goal is to merge modern nutrition science and help children reset their inner cues to eat, eat well, grow and maintain a healthy body weight."



Specialties

- Failure to Thrive
- Oral Feeding Delay
- Food Allergies
- Weight Management
- Tube Feeding Transition or Management

Certifications

- American Dietetic Assoc. Commission on Dietetic Registration
- Oklahoma Board of Medical Licensure and Supervision

Education

- B.S. in Human Nutrition and Dietetics
- Colorado State University

Beyond TherapyWorks

Amy is married, has three little boys and two dogs. They all love to spend their days outside and especially in the summer, raising their own vegetables!