

changing lives for over 25 years

**THERAPYWORKS**

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## **TherapyWorks Offering Nutrition Services, Seminar**

TherapyWorks now offers medical nutrition therapy provided by an experienced pediatric registered dietitian at its outpatient pediatric clinic. To launch its nutrition services, TherapyWorks is hosting a FREE nutrition seminar on March 26, at 6:30 p.m., at TherapyWorks, located at 7608 E. 91<sup>st</sup> St. in Tulsa.

Nutrition therapy may help children with poor weight gain, picky eating, food aversions, weaning from tube feedings, obesity, diabetes, food allergies, failure to thrive, autism spectrum diets and many other conditions. Nutrition services are being provided by Amy Puls, RD, LD, a registered dietitian with 10 years experience. Puls has seven years experience in pediatric nutrition, working at some of the nation's top children's hospitals including the St. Louis Children's Hospital and The Children's Hospital in Denver, Colo.

"I use a very modern method of nutrition therapy for children that is simple, intuitive and doesn't require counting of servings or portions. My method teaches kids why choosing certain foods or combinations of foods will make them more hungry, more full or satisfied throughout the day. This helps children listen and respond better to their own hunger cues and not feel like they are on a 'special diet.' When kids are better nourished and not focused on food, they can focus better on developing their strengths, developmentally, academically and socially," Puls said.

Changing the lives of children birth-18, TherapyWorks has provided speech, occupational and physical therapy for over 25 years and treats children with neurological and physical conditions. TherapyWorks helps children with autism spectrum disorders, ADHD, sensory processing and integration, fine motor skills, handwriting, sports injuries, balance, coordination, orthotics, speech, language, oral-motor skills, feeding and many other disorders.

TherapyWorks also contracts to provide therapy and staff for on-site school therapy throughout Northeastern Oklahoma. Founded in 1981 by Suzette Jones, a licensed occupational therapist, TherapyWorks evolved from a desire to meet the needs of children in northeastern Oklahoma. Today, TherapyWorks is one of the largest and most respected individually owned private pediatric clinics in Oklahoma.

To register for the FREE seminar or to learn more about TherapyWorks, call 918-663-0606 or visit [www.therapyworkstulsa.com](http://www.therapyworkstulsa.com).